

Kyle's

# PROTEIN GRILL

Proteins. Greens. Grains.



Kyle's Protein Grill expands on our core Kyle's Kitchen catering menu by bringing in a wider variety of fresh and local ingredients in a premium presentation.

Our focus on Proteins, Greens and Grains delivers an affordable, healthy and delicious experience for you and your guests. 25 person minimum.

**Eat Great Food. Help Great People.**





Packages start at **\$17.95 per guest**  
Includes 2 Proteins, 2 Sides and Garlic Herb Rolls  
25 person minimum

## SELECT TWO PROTEINS

**Herb-Grilled Chicken Breast** - Fresh herb & garlic marinated fire Grilled Chicken sliced & served over wild baby arugula. Served with your choice of sauce.

**Peppercorn Grilled Steak** - Fire-Grilled Steak dry rubbed and served over baby wild arugula with a side of house-made Chimichurri sauce. (add \$2/guest)

**Kyle's Fried Chicken** - All-natural chicken breast brined in buttermilk for 24 hours, hand-breaded and served crispy on the outside and moist on the inside.

**Wild Caught Grilled Salmon** - Coho Salmon brushed with extra virgin olive oil & lemon sprinkled with sea salt & cracked pepper. (add \$2/guest)

**Plant-based Teriyaki Meatballs (Vegan)** Plant-based meatballs with teriyaki glaze

## SELECT TWO SIDES

**Natural Caesar Salad** - Local romaine, brioche garlic croutons, shaved parmesan, Caesar dressing.

**Balsamic Kale Salad** - Fresh green kale, crushed croutons, shaved parmesan, marinated organic chick peas, organic carrots & balsamic vinaigrette.

**Thai Peanut Salad** - Romaine, crispy wonton strips, Napa cabbage, carrots, crispy onion strings, peanuts, green onions, & Thai peanut dressing.

**Grilled Local Vegetables** - Seasonal local vegetables grilled with extra virgin olive oil, sea salt & cracked pepper.

**Roasted Garlic Mashed Potatoes** - Mashed Kennebec Potatoes with house-roasted garlic, fresh cream & sea salt butter.

**Warm Sesame Quinoa** - Organic quinoa, fresh kale, rainbow shredded carrots, sesame oil & toasted sesame seeds.

**Organic Brown Rice** - Brown rice steamed & seasoned in organic vegetable broth.

**Chimichurri Cauliflower Rice** - Vegan, plant-based rice with fresh chimichurri sauce

## POPULAR ADDITIONS

- FRESHLY BAKED COOKIES \$2.50 - VARIETY DESSERT PLATTER \$4/GUEST
- ASK ABOUT OUR OTHER SIDE OPTIONS AND APPETIZER PLATTERS
- ADD ADDITIONAL SIDE OR SALAD \$3.50/GUEST
- ADD ADDITIONAL PROTEIN \$5/GUEST
- FRESH SQUEEZED LEMONADE AND OTHER BEVERAGE OPTIONS AVAILABLE
- WE OFTEN SERVE FOOD IN METAL PANS & HOT BOXES FOR CHAFING DISH SERVICE +\$5/GUEST